Toxic Foods for Dogs: Printable List (ASPCA)

Common people foods to keep away from dogs, summarized from the ASPCA's list, with the poison control number.

Last checked November 19, 2026. Source: ASPCA: people foods to avoid, and Animal Poison Control.

Emergency. ASPCA Poison Control: (888) 426-4435. Call your veterinarian or poison control right away if your dog may have eaten any of these.

People foods to avoid feeding dogs, summarized from the ASPCA list

Food	What the ASPCA says
Chocolate, coffee and caffeine	Methylxanthines can cause vomiting, diarrhea, panting, tremors, abnormal heart rhythm and seizures. Darker chocolate and more caffeine mean greater risk.
Xylitol	A sweetener in gum, candy, baked goods and toothpaste. Can cause low blood sugar and liver damage.
Grapes and raisins	Can lead to kidney damage in dogs.
Onion, garlic and chives	Can irritate the gut and damage red blood cells, leading to anemia. Cats are more susceptible; dogs are also at risk depending on the amount.
Macadamia nuts	Can cause weakness, incoordination, vomiting, tremors and high body temperature in dogs.
Alcohol and raw yeast dough	Alcohol can cause vomiting, tremors, breathing difficulty, coma and death. Raw dough can swell in the stomach, which can bloat and twist and is an emergency.
Salt and very salty foods	Excess salt can cause thirst, vomiting, tremors and seizures.
Other nuts and fatty foods	Almonds, pecans and walnuts are high in fat and can cause vomiting, diarrhea and sometimes pancreatitis.
Raw or undercooked meat, eggs and bones	Bacteria such as Salmonella and E. coli; raw bones can injure or block the gut and may need surgery.
Milk and dairy	Pets lack much lactase, so dairy can cause diarrhea or other digestive upset.
Citrus and coconut	Small amounts are not likely to cause serious harm; larger amounts can cause stomach upset.

- If you think your dog ate any of these, note the amount and contact your veterinarian or ASPCA Poison Control at (888) 426-4435 right away.
- This summary is not complete. Read the full ASPCA list, linked below.