Dog Harness Size Chart by Chest Girth

Harness sizes by chest girth in inches, with breed examples and how to measure.

Last checked November 18, 2026. Source: PetSmart: dog harness size chart; Ruffwear: harness girth size chart; AKC: how to measure a dog for gear, the two-finger rule.

Dog harness sizes by chest girth

Size	Chest girth	Breed examples
XX small	8 to 10 in	Chihuahua, teacup Yorkshire Terrier
X small	9 to 15 in	Miniature Dachshund, Maltese, Pomeranian, Toy Poodle, Yorkshire Terrier
Small	13 to 23 in	Cavalier King Charles Spaniel, Pekingese, Miniature Schnauzer, Pug, Scottish Terrier
Medium	18 to 29 in	Beagle, Border Collie, Boston Terrier, English Bulldog, French Bulldog
Large	22 to 39 in	Boxer, Dalmatian, Golden Retriever, Labrador Retriever, Weimaraner
X large	28 to 44 in	Bernese Mountain Dog, Great Dane, Mastiff, Rottweiler, Saint Bernard

- Measure the widest part of the chest, just behind the front legs, with two fingers of room. Check the brand's own chart before buying.

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